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The interval between the emergence of pharmacologically synchronized ovarian follicular waves and ovum pick-up does not significantly affect *in vitro* embryo production in *Bos indicus*, *Bos taurus*, and *Bubalus bubalis*

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2 waves and ovum pick-up does not significantly affect *in vitro* embryo production in *Bos*  
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27 **Abstract**

28 The aim of the present study was to determine the optimal phase of the follicular wave to  
29 perform ovum pickup (OPU) for *in vitro* embryo production (IVEP) in various genetic  
30 groups. For this purpose, 27 heifers - nine *Bos taurus* (Holstein), nine *Bos indicus* (Nelore)  
31 and nine *Bubalus bubalis* (Mediterranean) - were maintained under the same nutritional,  
32 management and environmental conditions. Heifers within each genetic group were  
33 submitted to six consecutive OPU trials with 14-day intersession intervals, at three  
34 different phases of the pharmacologically synchronized follicular wave (Day 1, Day 3 or  
35 Day 5 after follicular wave emergence), in a 3 x 3 crossover design., when OPU was  
36 performed at different phases of the pharmacologically synchronized follicular wave (Day  
37 1, Day 3 or Day 5), no differences were found in the percent of oocytes recovered ( $70.5\% \pm 3.1$ ,  $75.0\% \pm 3.1$ ,  $76.0\% \pm 3.2$ , respectively;  $P = 0.41$ ) or blastocyst production rates  
38 ( $19.4\% \pm 2.9$ ,  $16.6\% \pm 2.9$ ,  $15.9\% \pm 2.6$ , respectively;  $P = 0.36$ ). Comparing genetic  
40 groups, *Bos indicus* showed a higher blastocyst rate ( $28.3\%^a \pm 2.8$ ;  $P < 0.01$ ) than *Bos*  
41 *taurus* and *Bubalus bubalis* ( $14.1\%^b \pm 2.9$  and  $10.2\%^b \pm 2.0$ , respectively). However, only  
42 *Bos indicus* heifers showed a variation in the number of visualized follicles and the total  
43 and viable oocytes along consecutive OPU sessions. In conclusion, different phases of the  
44 pharmacologically synchronized ovarian follicular wave did not affect OPU-IVEP in *Bos*  
45 *indicus*, *Bos taurus*, and *Bubalus bubalis* heifers. Additionally, *Bos indicus* heifers showed  
46 greater OPU-IVEP efficiency than did the other genetic groups, under the same  
47 management conditions.

48

49 **Additional keywords:** Nelore, Holstein, buffalo, oocyte, embryo

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## 52 1. Introduction

53 Over the past 20 years, a sharp increase of bovine *in vitro* embryo production  
54 (IVEP) from oocytes retrieved by ovum pick-up (OPU) has been reported [1]. *In vitro*  
55 embryo production along with other important advancements (i.e., animal genetic  
56 improvement) has enabled a significant enhancement of both dairy and beef livestock  
57 during this period. In buffaloes, OPU associated with IVEP is particularly important as an  
58 embryo production technologies [2-5], because multiple ovulation and embryo transfer  
59 programs show very low efficiency and few commercial applications [6-8].

60 Many studies have focused on improving the efficiency of OPU-IVEP programs,  
61 enabling an even broader use of these reproductive techniques. Many factors are known  
62 to influence OPU-IVEP outcomes, including follicular size [9-11], oocyte diameter [11, 12],  
63 the phase of the follicular wave [13-20], the genetic group [4, 21-23], and the animal  
64 category [24].

65 Previous studies have shown that the acquisition of developmental competence by  
66 oocytes (e.g., the ability of the oocyte to reach the blastocyst stage) is associated with  
67 follicular growth. Developmental competence continues to be enhanced as follicular  
68 diameter increases and approaches the LH surge [9,25], which is strongly linked to oocyte  
69 growth and mRNA and proteins being stored in the oocyte [26]. This buildup of RNA is  
70 essential to sustain the first few cell cycles of early embryo development [27]. However,  
71 oocytes obtained from follicles of the same diameter can differ in blastocyst yield. This can  
72 be partially attributed to the influence of the phase of the follicular wave when the oocytes  
73 are recovered. During the bovine [28] or buffalo [29] estrous cycle, 2 or 3 follicular waves  
74 can be identified. During each follicular wave, dominant and subordinate follicles can be in  
75 a growth, dominance, static or regressing phase [28, 30]. Several studies have  
76 demonstrated that oocyte quality, recovery, cleavage and blastocyst rate can be

77 influenced by these phases, as described below . In the regression phase, a severe level  
78 of atresia can be observed in follicles, reducing oocytes developmental competence [18,  
79 31]. However, an improvement of the blastocyst rate was demonstrated when oocytes  
80 were collected from follicles with a mild level of atresia [19, 31, 32]. Conversely, other  
81 authors have shown that including a growth phase [21] before follicle selection (i.e., follicle  
82 deviation) improves the results of OPU-IVEP in cattle. Therefore, there is no consensus  
83 about the most appropriate phase of the follicular wave to harvest oocytes to increase  
84 oocyte recovery and quality for blastocyst production.

85 *Bos indicus* and *Bubalus Bubalis* females show some differences in their  
86 reproductive behaviors and responses compared to *Bos taurus* [4, 23, 33, 37]. For this  
87 reason, one cannot assume that outcomes obtained in *Bos taurus* would be the same in  
88 *Bos indicus* or in *Bubalus bubalis*. *Bos indicus* cattle have a greater number of follicles  
89 recruited per follicular wave and a lower diameter of the dominant follicle at deviation and  
90 at ovulation compared to *Bos taurus* [35-39]. Additionally, buffaloes have an intermediate  
91 follicle size at deviation and ovulation [8, 37,40]. These details could impact OPU-IVEP  
92 outcomes because a greater number of recovered oocytes and a greater number of  
93 blastocysts produced per OPU session were reported in *Bos indicus* compared to *Bos*  
94 *taurus* cattle [41, 42]. Furthermore, poorer blastocyst rates (19.9% vs. 29.7%) following  
95 IVEP programs have been reported in *Bubalus bubalis* compared to *Bos taurus* cattle [4].  
96 In addition, as nutritional and environmental conditions can impact reproductive  
97 parameters, it is important to analyze the effects of genetic background in animals  
98 maintained under similar conditions.

99 In response to the lack of information on the efficiency of OPU-IVEP programs in  
100 *Bos indicus*, *Bos taurus*, and *Bubalus bubalis* raised under similar conditions, we designed  
101 the present study to evaluate: 1) the best time to perform OPU (Day 1, Day 3 or Day 5

102 after synchronized follicular wave emergence) for optimal IVEP in each genetic group, and  
103 2) differences in OPU-IVEP outcomes between genetic groups.

104

## 105 **2. Material and Methods**

106

### 107 *2.1. Animals*

108

109 The present study was approved by the Animal Experimentation Ethics Committee  
110 of the University of Sao Paulo (protocol number 1070/2007).

111 A total of 27 cycling heifers - 9 *Bos taurus* (Holstein), 9 *Bos indicus* (Nelore), and 9  
112 *Bubalus bubalis* (Mediterranean) - weighting a mean of 409.5 , 467.7 and 579.0 kg,  
113 respectively, and aging between 22 and 29 months - were maintained at FMVZ – USP  
114 (Pirassununga, São Paulo, Brazil). Each genetic group was maintained in pens of 0.3  
115 hectares, with the same environmental and shading conditions. The study was conducted  
116 from July to October 2008, with an adaptation period in April 2008. Heifers had free access  
117 to water and were fed twice daily with corn silage plus corn and soy concentrate (as  
118 described by Gandra *et al.*[43]) at 2% of the body weight, which was adjusted based on  
119 the previous day. During the adaptation and experimental periods, management,  
120 environmental conditions and nutrition were controlled to offer the same conditions to all  
121 heifers.

122

### 123 *2.2. Experimental design*

124

125 This study employed a 3 x 3 crossover design (3 genetic groups x 3 phases of  
126 pharmacological synchronized ovarian follicular wave), performed with a 14-day interval

127 between OPU for 6 consecutive sessions(i.e., replicates). Number of replicates assured  
128 our study being conducted before summer to avoid compromise our results.

129

### 130 2.3. *Pharmacological synchronization of follicular wave emergence*

131

132 All heifers were submitted to the same standard synchronization protocol for the  
133 pharmacological induction of a new follicular wave before each OPU according to a  
134 previously published method [44]. Briefly, the induction of a new follicular wave was done  
135 by the injection of 50 mg of progesterone (P4; Progestar<sup>®</sup>, Syntex, Buenos Aires,  
136 Argentina) and 2 mg of estradiol benzoate (EB; RIC-BE<sup>®</sup>, Agener Uniao Quimica, Sao  
137 Paulo, SP, Brazil) administered during insertion of a norgestomet ear implant (containing 5  
138 mg of Norgestomet; Crestar<sup>®</sup>, MSD Animal Health, Sao Paulo, Brazil). The emergence of  
139 the new follicular wave occurred  $4.4 \pm 0.2$  days (mean  $\pm$  S.E.M.) after the beginning of the  
140 treatment, regardless of the genetic group [44]. To avoid the presence of a corpus luteum  
141 (CL) at the OPU procedure, all heifers received an additional treatment of 150  $\mu$ g of d-  
142 cloprostenol (Preloban<sup>®</sup>, MSD Animal Health) at insertion of the ear implant. Immediately  
143 before each OPU procedure, the ear implant was removed. Therefore, because the new  
144 follicular wave was expected to emerge 4 days after the onset of the synchronization  
145 protocol as described also by other authors [34] and to perform all OPU-IVEP on the same  
146 day, the animals in each genetic group were subjected to the OPU procedure 5, 7 or 9  
147 days after hormone treatment for groups Day 1, Day 3 or Day 5, respectively. In each  
148 replicate, the onset of the synchronization protocol was normalized within each genetic  
149 group, aiming to submit all animals to OPU in the same day . Resynchronization of  
150 follicular wave emergence for the next OPU procedure was initiated 9, 7 or 5 days after  
151 OPU for groups Day 1, Day 3 or Day 5, respectively.

152

153 2.4. *OPU procedure*

154

155 Animals were submitted to 6 consecutives OPU procedures with 14-day  
156 intersession intervals, performed by the same operator. For oocyte collection, heifers were  
157 contained in a chute and an epidural anesthesia was administered (4 mL of lidocaine  
158 hydrochloride 2%, Lidovet®, Bravet, Brazil) to facilitate the handling of the ovaries through  
159 the rectum. The perineal area was cleaned using water and alcohol prior to each OPU  
160 session.

161 All visible follicles were counted and aspirated by transrectal ultrasonography using  
162 a portable scanner (Aloka SSDV 500; Aloka, Tokyo, Japan) with a 5 MHz convex array  
163 transducer housed in a plastic vaginal probe with a stainless steel needle guide connected  
164 to aspiration equipment and a vacuum system. Follicular aspirates were recovered via a  
165 1.1-mm i.d. by 120-cm length circuit (Watanabe Tecnologia Aplicada, Cravinhos, SP,  
166 Brazil), directly connected to a disposable 1.7 mm x 48 mm 16-gauge needle (BD  
167 Angiocath, São Paulo, SP, Brazil) and a 50-mL conical tube containing 15 mL of 0.9%  
168 NaCl supplemented with 1% fetal calf serum (FCS; Gibco Life Technologies, Grand Island,  
169 NY, USA), plus 50 ng mL<sup>-1</sup> penicillin, 50 ng mL<sup>-1</sup> streptomycin, 100 ng mL<sup>-1</sup> neomycin and  
170 5,000 IU mL<sup>-1</sup> sodium heparin (Parinex, Hipolabor, Belo Horizonte, MG, Brazil) at 35 to  
171 37°C. The vacuum connected to the needle was set at a 12-15 mL minute<sup>-1</sup> water flow  
172 rate. The conical tube containing the follicular aspirate was transported to a field  
173 laboratory and cumulus-oocyte complexes (COCs) were washed using a 75-µm filter  
174 (Watanabe Tecnologia Aplicada) and the same warmed solution used during OPU. COCs  
175 were morphologically evaluated under a stereomicroscope and classified as viable or  
176 unviable based on oocyte cytoplasm characteristics and the number of cumulus cell layers  
177 (adapted from Leibfried and First 45]). The same criteria were used to evaluate bovine and

178 buffalo oocytes. Compact COCs with more than 3 layers of cumulus cells and oocytes with  
179 homogeneous cytoplasm, compact COCs with at least one layer of cumulus cells and  
180 oocytes with slightly heterogeneous cytoplasm, and partially denuded COCs and oocytes  
181 with heterogeneous cytoplasm were considered viable for IVEP and were used in the  
182 study. Denuded or degenerated oocytes and COCs with expanded cumulus cells were  
183 considered unviable for IVEP and excluded from the study. Viable COCs were transported  
184 to the IVEP laboratory within 2 h after OPU in 1.2-mL cryotubes containing HEPES-  
185 buffered tissue culture medium 199 (TCM-199; Gibco, USA) with 10% FCS (Gibco),  
186 sodium pyruvate ( $22 \mu\text{g mL}^{-1}$ ) and amikacin ( $83.4 \mu\text{g } \mu\text{L}^{-1}$ ; Neo Química, Brazil) at  $35^{\circ}\text{C}$ .

187

#### 188 2.5. *In vitro* embryo production

189

190 All chemicals and reagents used were purchased from Sigma-Aldrich Chemical Co.  
191 (St. Louis, MO) unless otherwise stated. *In vitro* experimental procedures were performed  
192 in humidified incubators maintained at  $38.5^{\circ}\text{C}$  in air with 5%  $\text{CO}_2$ , always by the same  
193 operator.

194 Prior to *in vitro* maturation (IVM), oocytes were washed once in HEPES-buffered  
195 TCM-199 with 10% FCS, sodium pyruvate ( $22 \mu\text{g mL}^{-1}$ ) and amikacin ( $83.4 \mu\text{g}/\mu\text{L}$ ) and  
196 three times in IVM medium, composed of bicarbonate-buffered TCM-199 (Gibco, USA)  
197 supplemented with 10% FCS, sodium pyruvate ( $22 \mu\text{g mL}^{-1}$ ), amikacin ( $83.4 \text{ mg}/\mu\text{L}$ ),  
198 human chorionic gonadotropin (hCG;  $50 \mu\text{g mL}^{-1}$ ; Chorulon®, MSD Animal Health, Brazil),  
199 follicle-stimulating hormone (FSH;  $0.5 \mu\text{g mL}^{-1}$ ; Folltropin®, Bioniche, Canada), estradiol  
200 (Estradiol 17 $\beta$ ;  $1 \mu\text{g mL}^{-1}$ ), cysteamine ( $50 \mu\text{M}$ ) and cystine ( $0.3 \text{ mM}$ ). COCs from each  
201 heifer at each phase of the follicular wave (Day 1, Day 3 and Day 5) were separately  
202 cultured for 24 h in drops of IVM medium under mineral oil. The ratio of oocyte: medium  
203 was maintained at 1:3-5  $\mu\text{L}$  in all steps of IVEP.

204 After IVM, COCs were washed three times in IVF medium and submitted to IVF in  
205 drops of IVF medium under mineral oil. The IVF medium was Tyrode albumin lactate  
206 pyruvate (TALP) [46] supplemented with heparin ( $10 \mu\text{g mL}^{-1}$ ), sodium pyruvate ( $22 \mu\text{g mL}^{-1}$ ), amikacin ( $83.4 \mu\text{g mL}^{-1}$ ), fatty acid-free BSA ( $6 \text{ mg mL}^{-1}$ ) PHE solution ( $2 \mu\text{M}$   
207 penicillamine,  $1 \mu\text{M}$  hypotaurine and  $0.25 \mu\text{M}$  epinephrine). A single batch of frozen-  
208 thawed semen from a *Bos indicus* (Nelore) and a *Bubalus bubalis* (Murrah) bull of known  
209 fertility in previous IVEP programs was used for bovine and buffalo oocytes, respectively.  
210 For IVF, straws were thawed for 30 s in a  $37^\circ\text{C}$  water bath. Semen was deposited on a  
211 90% to 45% Percoll gradient prepared with sperm wash medium (modified Tyrode  
212 medium) and centrifuged at  $320 \times g$  for 30 min to separate the morphologically normal  
213 spermatozoa and to remove the diluents and the seminal plasma. Afterwards, the sperm  
214 pellet was evaluated for motility and concentration. Each fertilization drop received  $10 \mu\text{L}$   
215 of sperm, to achieve a final concentration of  $2 \times 10^6$  live sperm  $\text{mL}^{-1}$  and was incubated for  
216 20 h.

218 After IVF, presumptive zygotes were denuded of cumulus cells by gentle pipetting  
219 in 2% hyaluronidase, followed by washing in HEPES-buffered TCM199 and *in vitro* culture  
220 (IVC) medium. Groups of presumptive zygotes were co-cultured on a monolayer of  
221 cumulus cells that had attached to the plate surface during IVM. The IVM medium was  
222 changed to SOF [47] medium supplemented with 2% FCS, BSA ( $6 \text{ mg mL}^{-1}$ ), sodium  
223 pyruvate ( $22 \mu\text{g mL}^{-1}$ ), amikacin ( $83.4 \mu\text{g mL}^{-1}$ ), and essential and non-essential amino  
224 acids to be used for IVC drops.

225 On the third day of IVC, one third of the IVC medium was replaced with fresh IVC  
226 medium. At this time, the proportion of cleaved oocytes (the number of embryos with two  
227 or more cells divided by the total number of structures in the culture) was also recorded.  
228 The blastocyst rate (the total number of blastocysts divided by the total number of embryos  
229 in the culture) was recorded on the seventh day and the hatching rate (number of hatched

230 blastocysts divided by the number of blastocysts) was recorded on the ninth day of IVC.  
231 Embryos were classified according to IETS criteria [48]. Hatched blastocysts were fixed in  
232 2% paraformaldehyde plus 0.1% polyvinyl-pyrrolidone (PVP) for 1 h and maintained in  
233 PBS with 0.1% PVP at 4°C to be used for cell number determination. Embryos were  
234 stained in PBS with 10 µg mL<sup>-1</sup> Hoechst 33342 for 5 min. The blastocysts were mounted  
235 on a glass slide and nuclei were counted using a fluorescence microscope (AxioPlan, Carl  
236 Zeiss, Zeppelinstrasse, Germany) and AxioVs40 software (V4.6.1.0; Carl Zeiss). Oocyte  
237 competence was assessed by the ability of the female gamete to produce a viable  
238 blastocyst. Blastocyst viability was assessed by embryo morphology (i.e., clear blastocoel  
239 and a well-defined inner cell mass), blastocyst hatching rate and blastocyst cell number.

240

#### 241 2.6. *Statistical analyses*

242

243 The experimental unit was each oocyte within each genetic group. All variables  
244 (number of visualized follicles, number of recovered oocytes, oocyte recovery rate, number  
245 of viable oocytes, percentage of viable oocytes, number of cleaved structures, cleavage  
246 rate, number of blastocysts, blastocyst rate, number of hatched blastocysts and hatching  
247 rate) were analyzed by ANOVA using a MIXED procedure in SAS version 9.2 (SAS/STAT,  
248 SAS Institute Inc., Cary, NC). Genetic group (*Bos taurus*, *Bos indicus* and *Bubalus*  
249 *bubalis*), phase of follicular wave (Day 1, Day 3 and Day 5), replicate, and interactions  
250 among the previous variables were considered as fixed effects in the statistical model. The  
251 variable 'animal' within each genetic group was included as a random effect. The variable  
252 'number of nuclei in hatched blastocysts' was analyzed by ANOVA using the GLM  
253 procedure in SAS. Tests for normality of residuals and homogeneity of variances were  
254 conducted for each variable. Data, which did not fulfill the assumptions for ANOVA, were  
255 transformed using square root or square root arcsine. Differences between experimental

256 groups were tested by Tukey tests at a 5% significance level. Data are presented as the  
257 means  $\pm$  S.E.M.

258

### 259 3. Results

260

261 The phase of the follicular wave did not affect any of the variables evaluated in the  
262 present study when pharmacological synchronization of follicular wave emergence was  
263 done (Tables 1 and 2). There was no interaction between genetic group, phase of follicular  
264 wave and replicate, genetic group and phase of follicular wave or phase of follicular wave  
265 and replicate for any of the variables analyzed (Tables 1 and 2). However, an interaction  
266 between genetic group and replicate was found for the number of visualized follicles ( $P <$   
267  $0.01$ ), the number of total oocytes recovered ( $P = 0.03$ ), the number of viable oocytes ( $P <$   
268  $0.01$ ), and the number of cleaved embryos ( $P < 0.01$ ; Table 2 and Fig. 1). Overall, *Bos*  
269 *indicus* (Nelore) heifers showed a greater number of visualized follicles and a greater  
270 number of total oocytes per OPU session than *Bos taurus* (Holstein) and *Bubalus bubalis*  
271 (Mediterranean) heifers over all replicates. However, *Bos indicus* heifers showed a drop in  
272 these same variables in the last replicate (Fig. 1). This effect of the cumulative OPU  
273 procedures on the number of visualized follicles and the total oocytes was not observed in  
274 *Bos taurus* and *Bubalus bubalis* heifers, whose values remained constant through the  
275 replicates (Fig. 1).

276 No effect of phase of follicular wave was found for: Recovery rate (D1:  $70.5\% \pm 3.1$ ,  
277 D3:  $75.0\% \pm 3.1$ , D5:  $76.0\% \pm 3.2$ ;  $P = 0.41$ ), Percentage of viable oocytes (D1:  $60.6\% \pm$   
278  $2.6$ , D3:  $64.3\% \pm 2.0$ , D5:  $62.4\% \pm 2.2$ ;  $P = 0.48$ ), Number of blastocysts (D1:  $2.9 \pm 0.7$ ;  
279 D3:  $3.0 \pm 0.7$ ; D5:  $2.8 \pm 0.6$ ;  $P = 0.76$ ), Blastocyst rate (D1:  $19.4\% \pm 2.9$ , D3:  $16.6\% \pm 2.9$ ,  
280 D5:  $15.9\% \pm 2.6$ ;  $P = 0.36$ ), Number of hatched blastocysts (D1:  $1.4 \pm 0.4$ , D3:  $1.6 \pm 0.4$ ,

281 D5:  $1.3 \pm 0.3$ ;  $P = 0.56$ , Hatching rate (D1:  $36.8\% \pm 6.9$ , D3:  $38.9\% \pm 6.6$ , D5:  $41.2\% \pm 7.0$ ;  
282  $P = 0.68$ ), Nuclei of hatched embryos (D1:  $176.4 \pm 10.0$ , D3:  $187.6 \pm 8.2$ , D5:  $170.6 \pm 8.3$ ;  
283  $P = 0.35$ ).

284 Although the phase of the follicular wave did not affect the remaining variables  
285 tested, a significant effect of genetic group was observed for most of these variables, as  
286 follows. Recovery rate was not affected by genetic group (*Bos indicus*:  $82.3 \pm 2.5$ , *Bos*  
287 *taurus*:  $66.8 \pm 2.8$ , *Bubalus bubalis*:  $72.5 \pm 3.6$ ;  $P = 0.07$ ). Compared to *Bos taurus* and  
288 *Bubalus bubalis*, *Bos indicus* heifers had a greater percentage of viable oocytes ( $57.7^b \pm$   
289  $2.1$ ,  $60.9^{ab} \pm 2.7$ ,  $68.8^a \pm 1.8$ , respectively;  $P = 0.01$ ), and these developed with better  
290 number of blastocysts ( $1.1^b \pm 0.2$ ,  $0.7^b \pm 0.1$ ,  $7.3^a \pm 0.9$ , respectively;  $P < 0.01$ ), blastocyst  
291 rates ( $14.1^b \pm 2.9$ ,  $10.2^b \pm 2.0$ ,  $28.3^a \pm 2.8$ , respectively  $P < 0.01$ ), and number of hatched  
292 blastocysts ( $0.4^b \pm 0.1$ ,  $0.3^b \pm 0.1$ ,  $3.7^a \pm 0.5$ , respectively;  $P < 0.01$ ). Nonetheless, this did  
293 not result in an effect on the hatching rate ( $24.9 \pm 7.1$ ,  $34.7 \pm 9.2$ ,  $49.0 \pm 4.9$ , respectively ;  
294  $P = 0.13$ ) or the number of nuclei in hatched blastocysts ( $168.9 \pm 13.7$ ,  $206.1 \pm 23.1$ ,  $176.6$   
295  $\pm 5.3$ , respectively;  $P = 0.35$ ).

296

#### 297 4. Discussion

298

299 Here, we provide evidence that when OPU is performed up to the fifth day after  
300 pharmacologically synchronized follicular wave emergence, there is no effect on follicle  
301 number, oocyte recovery, oocyte morphology, cleavage rate, blastocyst rate and number  
302 of cells of the hatched blastocysts. However, despite the lack of effects of the phase of the  
303 follicular wave on OPU-IVEP, *Bos indicus* (Nelore) heifers yielded more oocytes and  
304 produced more blastocysts per OPU procedure than *Bos taurus* (Holstein) and *Bubalus*  
305 *bubalis* (Mediterranean) heifers. Nonetheless, a decrease in these same variables was

306 noted over the consecutive OPU sessions in *Bos indicus* but not in *Bos taurus* or *Bubalus*  
307 *bubalis* heifers.

308 According to previous reports, we expected the phase of the follicular wave to  
309 affect OPU-IVEP yields, as the phase of the follicular wave has been shown to affect  
310 oocyte recovery rates [17] and competence to develop *in vitro* [16]. When OPU is  
311 performed soon after the emergence of a follicular wave, better recovery and blastocyst  
312 rates are obtained compared to when OPU is performed in later stages. Furthermore,  
313 some studies have reported higher developmental rates *in vitro* when oocytes were  
314 retrieved during the dominance phase [19,48]. Based on these reports, we designed the  
315 present experiment to determine the optimal day of the pharmacologically synchronized  
316 follicular wave to perform OPU to achieve better yields of OPU-IVEP in different genetic  
317 groups. However, unexpectedly, the present study is in disagreement with the above  
318 findings, and suggests that OPU can be carried out at any day between the first and the  
319 fifth day after a pharmacologically synchronized follicular wave emergence with no  
320 negative impact on the OPU-IVEP efficiency in *Bos indicus*, *Bos taurus* and *Bubalus*  
321 *bubalis* heifers.

322 An important aspect which could contribute to this divergence is different  
323 experimental conditions done in those studies. In almost all of them [15,16,19], the source  
324 of oocytes was from animals slaughtered (*post mortem*), and animals were synchronized  
325 with prostaglandin and/ or had follicles ablated to initiate the experiment. In the other two  
326 works [14,17], oocytes were obtained *in vivo*, however with differences in the method of  
327 synchronization of follicle wave emergence (prostaglandin and norgestomet plus estradiol  
328 valerate, respectively) and also in the day 0 (estrus or emergence, respectively). Perhaps  
329 the unexpected results regarding a day effect on OPU-IVEP variables could be attributed  
330 to the method of synchronization of follicular wave emergence (pharmacological  
331 synchronization) in comparison to follicular ablation. Although our purpose was to provide

332 a more practical method of synchronization of follicular wave, the pharmacological  
333 induction of follicular wave emergence could result in a cumulative follicle population  
334 containing follicles under regression together with the new follicle cohort. More studies  
335 must be conducted to clarify this matter.

336 Nevertheless, collectively, these works are not conclusive about a better day or a  
337 better follicular wave stage to perform the OPU, nor about which variables (follicles,  
338 oocytes, embryos produced) are constantly affected by collection day. Although our results  
339 are in discordance with the previously mentioned findings, there are other studies  
340 corroborating similar data to ours. For instance, no effect of day was reported by other  
341 authors regarding the number of visualized follicles, total oocytes and recovery rate [24],  
342 oocyte quality [17,19,20], cleavage [20] and blastocyst yield/ rate [32]. Despite this, there  
343 is a consensus concerning the later phases of the follicular wave (from 7 days of follicular  
344 wave emergence), which negatively affect oocyte competence, possibly due to advanced  
345 atresia [18, 31]. However, this long interval from the follicular wave emergence and the  
346 OPU procedure was not evaluated in the present trial. Therefore, we propose that oocyte  
347 recovery be performed one day after pharmacologically synchronized follicular wave  
348 emergence, which could shorten the interval between OPU sessions.

349 Overall, our results support the greater response of *Bos indicus* heifers when  
350 subjected to OPU-IVEP programs than *Bos taurus* and *Bubalus bubalis* heifers. Pontes et  
351 al [41] also reported similar data in *Bos indicus* (Gir), *Bos taurus* (Holstein) and *Bos taurus*  
352 x *Bos indicus* (cross-bred) cows. These better outcomes can be explained by genetic  
353 adaptability to tropical regions (i.e., thermotolerance) [21,49,50] and by the size of the  
354 antral follicle population [35,37,38 in *Bos indicus* compared to *Bos taurus*. Several reports  
355 also support a role for the IGF system in these physiological differences between *Bos*  
356 *indicus* and *Bos taurus* [34,51,52]. The higher number of follicles present in *Bos indicus*

357 cattle is associated with increased blood levels of IGF-I compared to *Bos taurus*. Some  
358 genes of the IGF system are expressed in oocytes [53] and can accelerate nuclear  
359 maturation *in vitro* [54]. The proteins encoded by these genes can also affect oocyte  
360 developmental competence *in vivo* [55]. Therefore, higher IGF-I concentrations might also  
361 be associated with better oocyte quality in *Bos indicus* cows compared to *Bos taurus*  
362 cows.

363         Concerning the data on buffaloes, the poorer performance in OPU-IVEP compared  
364 to *Bos indicus* might be explained by the smaller follicular pool found in buffaloes than in  
365 cattle [37, 56, 57]. Fragile zona pelucida [58, 59] and junctions between granulosa cells and  
366 the oocyte [2] are additional factors that could correlate with the poorer performance of  
367 buffalo heifers in OPU-IVEP. In our study, the number of follicles, oocytes and cleaved  
368 embryos did not differ between Holstein and buffaloes. In work performed by Neglia et al.  
369 [4], the breed of bovine used was not mentioned, but probably was beef *Bos taurus*, and  
370 maybe the different performances reported can be attributed to this factor. In a recent  
371 study carried out in Brasil [37], the number of follicles among buffaloes and Holstein  
372 heifers did not differ, similar to our work. However, information about number of oocytes or  
373 cleaved embryos among these genetic groups under the same management was not  
374 found in the current literature. In this point of view, our trial is the first to report differences  
375 in OPU-IVEP between two breeds of bovine and buffaloes in contemporary conditions.

376         In our study, we tried to provide all conditions to avoid a distress in the animals. We  
377 choose as experimental model only heifers, because lactation and different milk production  
378 levels could differentially impact the results. Also this category has a better adaptation to  
379 climates changes than cows [24]. Additionally, in the present study we tried to minimize  
380 the environmental stressors, performing the OPU only in the morning, providing shadowing  
381 during management and in installations. Also, during all trial there was a control of the dry  
382 matter intake with total mixed ratio feeding management. It is important to reinforce that all

383 animals were maintained in the same conditions, and that these conditions were carefully  
384 checked before and during all experimental period, in order to minimize bias which could  
385 affect our results.

386         Regarding the decrease in the number of follicles visualized and in the total  
387 oocytes that we observed in *Bos indicus* heifers after several OPU sessions, this finding  
388 disagrees with some studies in which these variables remained constant in *Bos taurus*  
389 [60,61] or in *Bubalus Bubalis* [62]. Possibly, OPU promotes ovarian lesions when  
390 performed continually and with a short interval between sessions. This effect seems to be  
391 well correlated with the number of follicles punctured in each OPU session, which may  
392 explain the difference between genetic groups, as both *Bos taurus* and *Bubalus bubalis*  
393 heifers performed poorly in OPU-IVEP compared to *Bos indicus* heifers. Another possibility  
394 is the diameter of the needle used in our study (16 G), which could have favored more  
395 lesions due the higher number of punctures performed in this genetic group.  
396 In the present experiment, the OPU procedures were carried out 14 days apart; perhaps a  
397 longer interval between OPU sessions should be studied, at least in *Bos indicus* heifers, to  
398 avoid decreasing OPU-IVEP yields.

399

## 400 **5. Conclusions**

401

402         OPU performed at different phases of the pharmacologically synchronized follicular  
403 wave did not alter oocyte yields or *in vitro* embryo production. Additionally, *Bos indicus*  
404 (Nelore) heifers showed a greater efficiency in OPU-IVEP programs than *Bos taurus*  
405 (Holstein) and *Bubalus bubalis* (Mediterranean) heifers. Furthermore, in *Bos indicus*  
406 (Nelore) heifers, more than five consecutive OPU procedures with 14 day intersession  
407 intervals negatively affected the number of follicles suitable to puncture and the embryo  
408 yield per OPU procedure.

409

410 **Declaration of interest**

411 The authors declare that there is no conflict of interest that could affect the impartiality of  
412 this scientific work.

413

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428

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- 613  
614  
615

616 **Table 1.** P Values of main effects (genetic group – GEN; time of OPU relative to follicular wave emergence – DAY; and replicate – REP) and  
 617 their interactions.

	P Value						
	GEN	DAY	REP	GEN*DAY	GEN*REP	DAY*REP	GEN*DAY*REP
<b>Number of visualized follicles</b>	<0.01	0.82	0.08	0.88	<0.01	0.93	0.99
<b>Number of total oocytes</b>	<0.01	0.56	0.05	0.90	0.03	0.37	0.39
<b>Recovery rate (%)</b>	0.07	0.41	0.52	0.30	0.64	0.49	0.23
<b>Number of viable oocytes</b>	<0.01	0.06	0.01	0.46	<0.01	0.16	0.44
<b>Percentage of viable oocytes (%)</b>	0.01	0.48	0.01	0.38	0.05	0.28	0.45
<b>Number of cleaved embryos</b>	<0.01	0.15	0.02	0.68	<0.01	0.53	0.45
<b>Cleavage rate (%)</b>	0.02	0.62	<0.01	0.65	0.01	0.62	0.06
<b>Number of blastocysts</b>	<0.01	0.76	<0.01	0.62	0.28	0.37	0.48
<b>Blastocyst rate (%)</b>	<0.01	0.36	<0.01	0.56	0.36	0.32	0.68
<b>Number of hatched blastocysts</b>	<0.01	0.56	0.01	0.62	0.20	0.69	0.85
<b>Hatching rate (%)</b>	0.13	0.68	0.02	0.66	0.15	0.76	0.94
<b>Nuclei of hatched embryos</b>	0.35	0.35	-	0.11	-	-	-

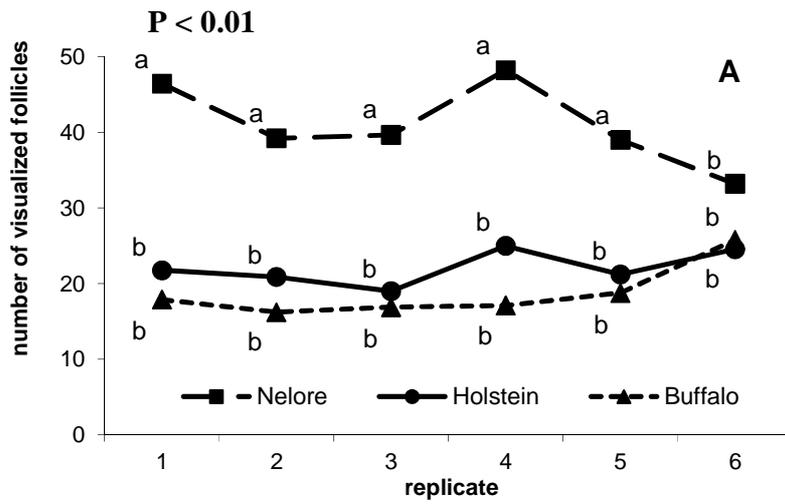
618

619 Table 2. Effect of OPU performed at different times after follicular wave emergence (D1, D3 or D5) in three different genetic groups (Nelore – NEL,  
 620 Holstein – HOL, and buffalo – BUF) on oocyte recovery, quality, and developmental competence.

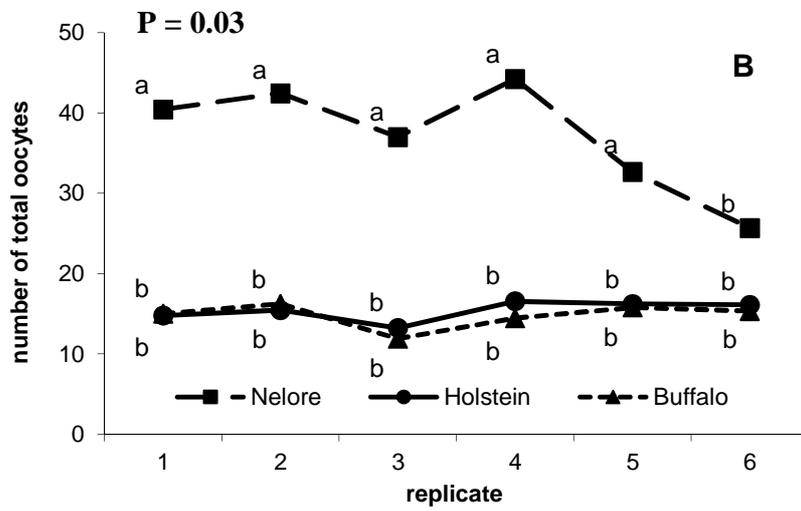
	D1			D3			D5			P VALUE			
	NEL (n=3)	HOL (n=3)	BUF (n=3)	NEL (n=3)	HOL (n=3)	BUF (n=3)	NEL (n=3)	HOL (n=3)	BUF (n=3)	GEN	DAY	GEN* DAY	GEN* REP
<b>Number of replicates</b>	6			6			6						
<b>Number of visualized follicles</b>	38.8 ± 3.0	23.1 ± 2.6	18.1 ± 1.4	42.2 ± 4.4	21.7 ± 2.3	19.4 ± 1.5	42.0 ± 3.6	21.5 ± 2.2	18.8 ± 1.6	<0.01	0.82	0.88	<0.01
<b>Number of total oocytes</b>	35.2 ± 4.8	13.8 ± 1.8	14.7 ± 1.9	37.5 ± 4.4	16.2 ± 2.2	13.9 ± 1.6	38.5 ± 4.3	16.2 ± 2.3	15.7 ± 2.0	<0.01	0.56	0.90	0.03
<b>Recovery rate (%)</b>	79.5 ± 4.7	57.3 ± 4.5	74.8 ± 5.4	83.4 ± 3.8	73.4 ± 4.5	68.4 ± 6.9	83.9 ± 4.4	69.6 ± 4.7	74.4 ± 6.7	0.07	0.41	0.30	0.64
<b>Number of viable oocytes</b>	24.7 ± 3.5	7.1 ± 1.1	7.9 ± 0.9	25.9 ± 3.2	9.5 ± 1.5	9.6 ± 1.4	26.2 ± 2.7	10.6 ± 1.8	8.7 ± 1.3	<0.01	0.06	0.46	<0.01
<b>Percentage of viable oocytes</b>	68.6 ± 4.1	53.8 ± 4.0	59.5 ± 5.1	68.6 ± 2.7	58.0 ± 3.6	66.3 ± 3.8	69.1 ± 2.6	61.2 ± 3.3	56.8 ± 4.8	0.01	0.48	0.38	0.05
<b>Number of cleaved embryos</b>	20.6 ± 3.2	4.1 ± 0.6	4.5 ± 0.5	21.6 ± 2.7	5.5 ± 1.1	5.9 ± 0.8	21.1 ± 2.3	5.9 ± 1.0	5.1 ± 0.9	<0.01	0.15	0.68	<0.01
<b>Cleavage rate (%)</b>	82.4 ± 3.6	62.5 ± 5.8	61.4 ± 5.4	85.1 ± 2.2	57.4 ± 7.0	68.1 ± 5.0	80.3 ± 2.5	59.7 ± 5.9	61.1 ± 5.0	0.02	0.62	0.65	0.01
<b>Number of blastocysts on D7</b>	7.2 ± 1.7	1.1 ± 0.4	1.1 ± 0.3	7.7 ± 1.5	1.2 ± 0.3	0.4 ± 0.1	6.9 ± 1.5	1.1 ± 0.4	0.6 ± 0.2	<0.01	0.76	0.62	0.28
<b>Blastocyst rate (%)</b>	28.1 ± 5.6	16.6 ± 5.2	14.5 ± 4.0	28.4 ± 4.7	15.7 ± 5.9	6.3 ± 2.3	28.4 ± 4.8	10.0 ± 3.7	10.0 ± 3.6	<0.01	0.36	0.56	0.36
<b>Number of hatched blastocysts</b>	3.7 ± 1.1	0.4 ± 0.3	0.4 ± 0.2	4.1 ± 1.0	0.3 ± 0.2	0.4 ± 0.2	3.4 ± 0.7	0.3 ± 0.1	0.2 ± 0.1	<0.01	0.56	0.62	0.20
<b>Hatching rate (%)</b>	40.7 ± 9.1	28.9 ± 14.9	38.3 ± 14.5	52.9 ± 8.4	22.2 ± 8.8±	28.6 ± 18.4	52.5 ± 8.3	23.3 ± 13.7	35.7 ± 18.0	0.13	0.68	0.66	0.15
<b>Nuclei of hatched embryos</b>	173.0± 9.1	116.5± 23.0	225.1± 35.3	185.1± 9.0	199.5± 16.0	191.3± 38.6	168.9± 9.1	175.5± 17.2	183.5± 73.5	0.35	0.35	0.11	-

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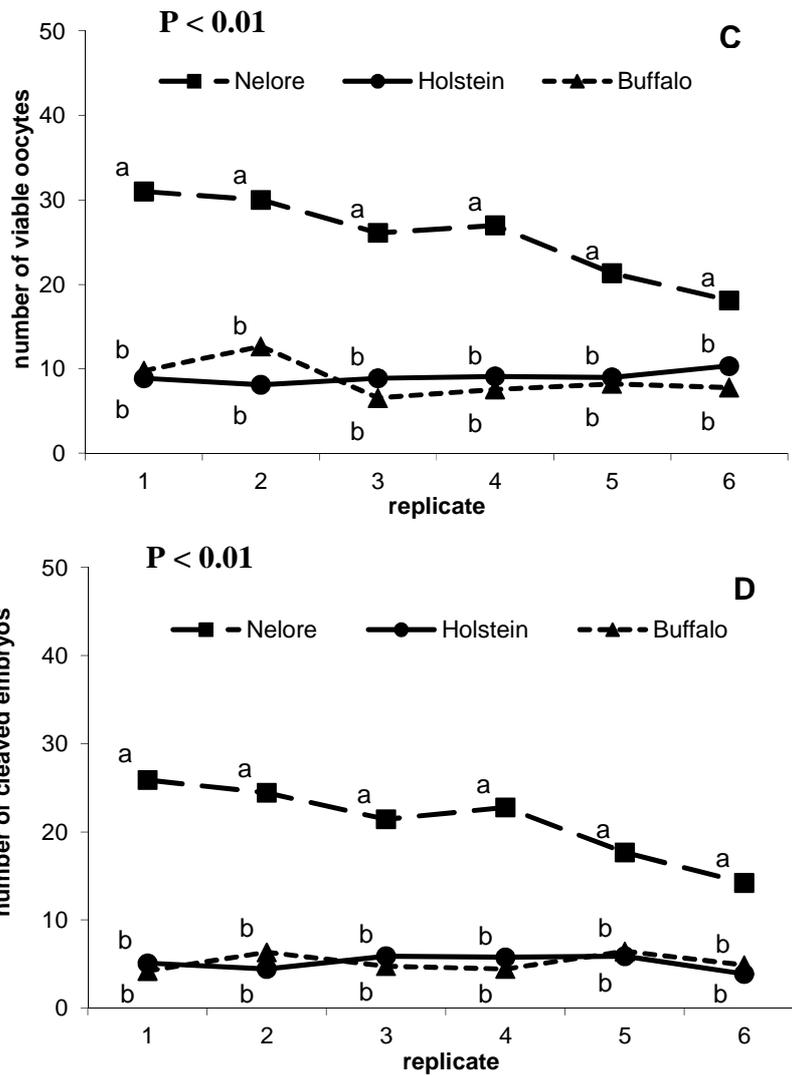
622 Data are shown as the means ± S.E.M. Percentages were calculated as the number of structures/ donor/ replicate, except for nuclei of hatched  
 623 embryos



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628 **Fig. 1.** Interaction between genetic group and replicate for the number of visualized follicles (A), the  
 629 number of total oocytes (B), the number of viable oocytes (C), and the number of cleaved embryos  
 630 (D). Although *Bos indicus* (Nelore) had a greater number of visualized follicles, total oocytes, viable  
 631 oocytes, and cleaved embryos than *Bos taurus* (Holstein) and *Bubalus bubalis* (Mediterranean)  
 632 heifers, note the decrease in the number of visualized follicles and in the number of total oocytes in  
 633 the 6<sup>th</sup> replicate for *Bos indicus*. a ≠ b: P < 0.01

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